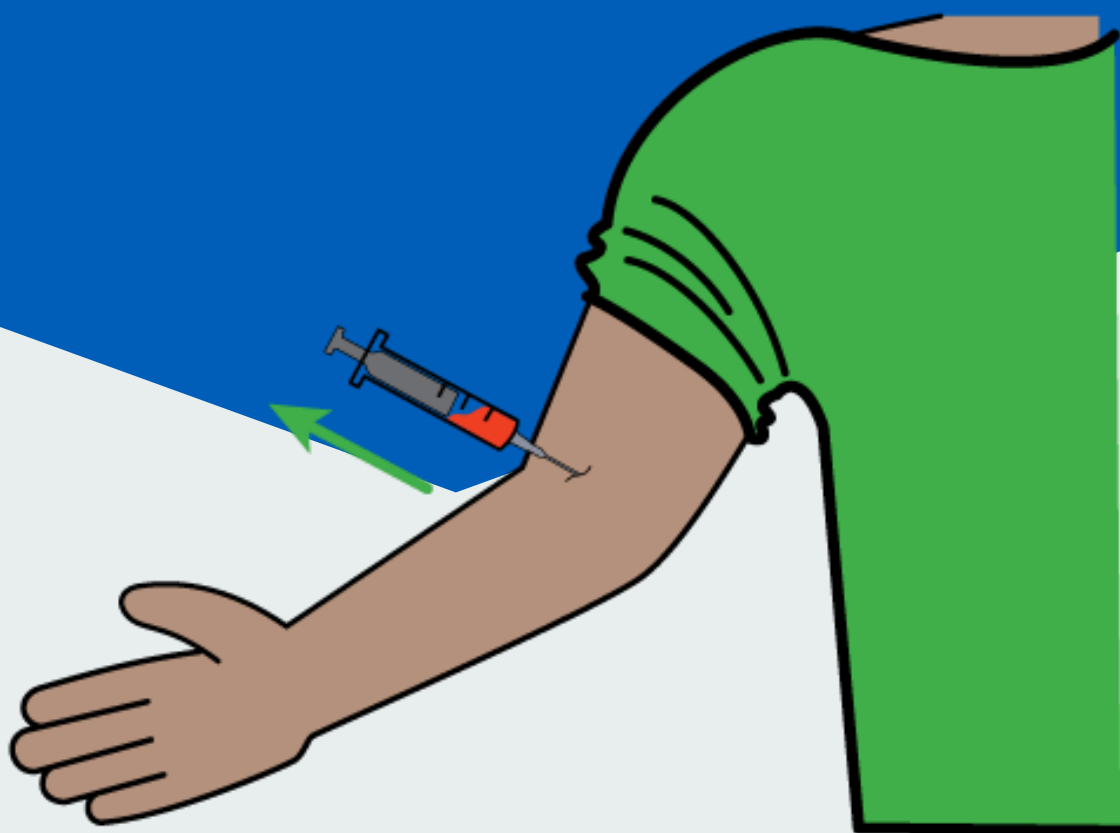
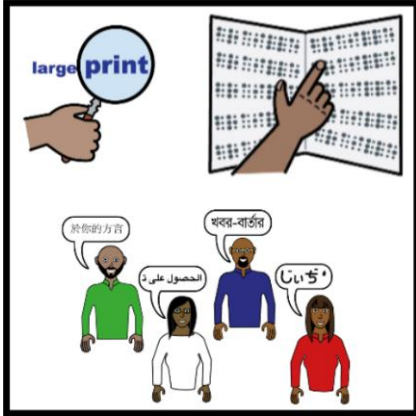


Easy Read

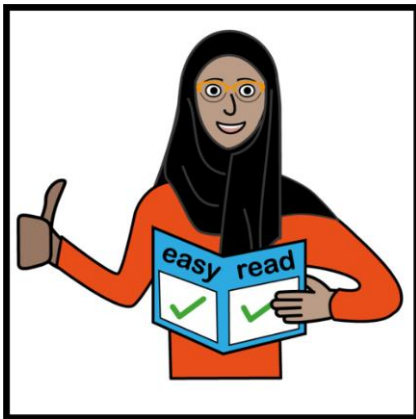
Having a blood test

Information leaflet

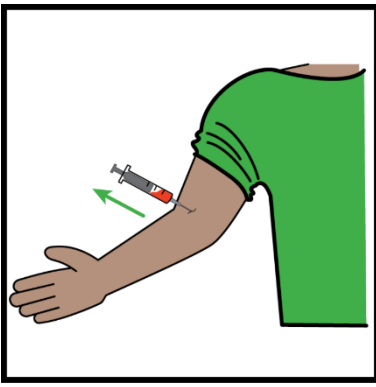




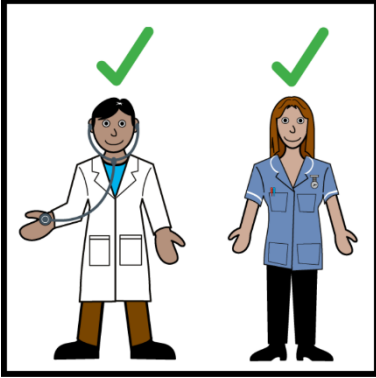
If you require this information in other languages, Braille, large print, or audio format please contact the team doing your blood test.



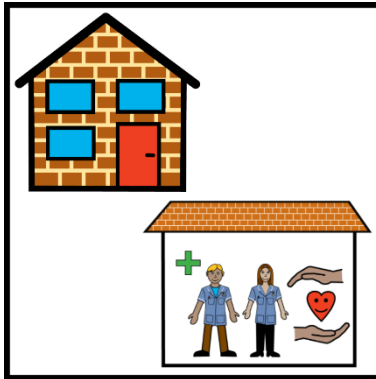
This booklet uses easy words and pictures. You might want to ask someone to help you read it.



You need a blood test.



The blood test will be done by a health care professional.



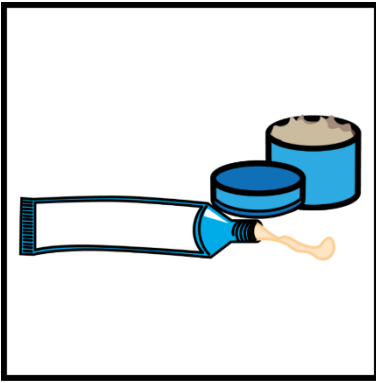
It might be done at your home or in a health centre.



A health care professional will help you.

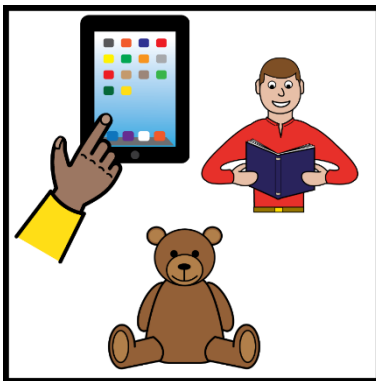


All our staff will be wearing name badges.

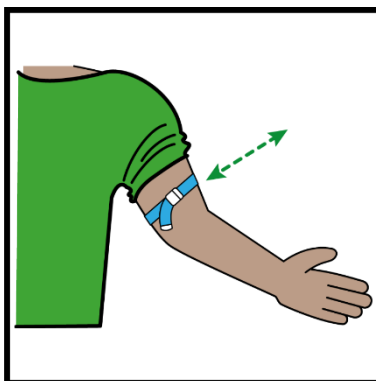


You might be offered some cream for your skin.

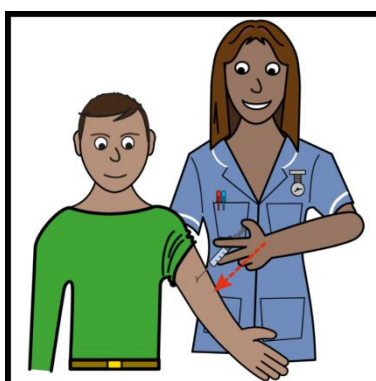
The cream can numb the skin a little to reduce the pain of the blood test.



You can use things to distract you during the blood test.

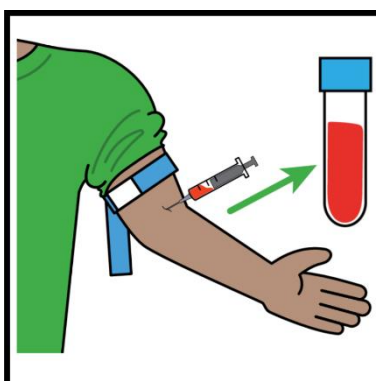


The health care professional will put a strap, called a tourniquet, around your arm.

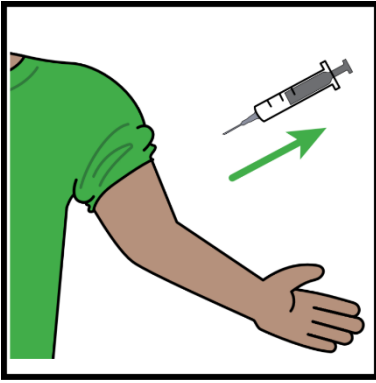


They will insert the needle into your arm.

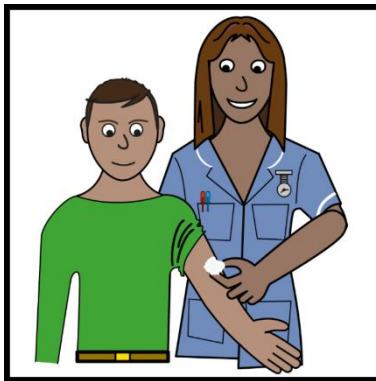
You will feel a scratch.



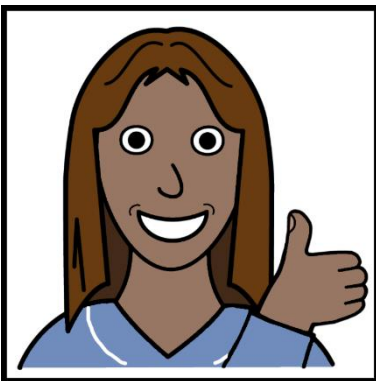
They will take the blood sample from your arm.



They will take the needle out of your arm and take the tourniquet off your arm.



The nurse will put some cotton wool and a small plaster where the needle went into your arm.



Then the blood test is finished.



If you have any questions, you can ask the staff.



If you need to speak to someone about this leaflet, you can contact:

Service Name:

Telephone:

Email:



If you want to give feedback to someone outside the service, you can speak to the **Patient Experience Team**.

Call 0113 220 8585

Email lch.pet@nhs.net



We might ask you a few questions and keep a record of your personal details.

We may share your information with other services. We will ask you before we do this, as per the Data Protection Act 1998.