

How we can help

If you have questions about any aspect of terminal illness, need support or just want to talk – whether you have an illness yourself or you're a family member or friend – call the Marie Curie Support Line on

0800 090 2309*

Monday to Friday 9am to 5pm

Or visit

mariecurie.org.uk/help

You can also visit community.mariecurie.org.uk to share experiences and find support by talking to people in a similar situation.

Who we are

We're here for people living with any terminal illness, and their families. We offer expert care, guidance and support, to help them get the most from the time they have left.

 MarieCurieUK
 @mariecurieuk

*Calls from landlines are free, but there may be a charge if you're calling from a mobile. Check with your mobile provider for details. Calls from any type of phone will be free from 1 July 2015.

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Living with a terminal illness and looking for support?

We're here to support you and your family every step of the way



Care and support
through terminal illness

mariecurie.org.uk

When you've been told that you are ill, and that you may not get better, how you choose to live the life you have becomes more important than ever. Marie Curie can help you and your loved ones find the information and support you need to get the most from the time you have.

We know that right from the point you understand that you or someone you care about has a terminal illness, you need lots of information, and it has to be easy to find. That's where we can help.

We can give you and your loved ones trusted information on everything from symptom management and day-to-day care, through to financial information and legal issues, and much more besides. And we're always here for emotional support when you just need someone to talk to.

“Whatever’s on your mind, just get in touch with us and you’ll find the support you need.”

Whatever’s on your mind, just get in touch with us and you’ll find the support you need. We want you to know there’s someone there for you. We can help you feel more in control so you can make confident decisions about your treatment, lifestyle and care. And by doing that you’ll be able to spend more of your time on the things that are important to you.



Questions you or your loved ones might have:

- What benefits am I entitled to?
- I'm tired all the time – what can I do to manage it?
- How do I make choices about the future?
- How do I take out power of attorney?
- I'm nervous about managing medications – are there ways to help with this?
- What support is available to me?
- How can I find someone to talk to about how I'm feeling?